



JETS Program 2025



NSWIS Canoe Sprint JETS Program Objective

1. To identify, develop and support NSW-based athletes to refine and elevate their paddling proficiency
2. Introduce athletes to the sport of Canoe Sprint/sprint kayaking
3. Retain and upskill athletes with the potential and capability to compete at the Junior national team level within Canoe Sprint and SLS.

JETS Program Purpose

The purpose of the NSW JETS (Junior Emerging Talent Squad) Program is up-skill athletes paddling ability by providing them with access to high-performance coaching, complementing their existing coaching delivered within their daily Surf Sports training environment. The program will aim to primarily enhance athletes' surf ski technique, while providing an introduction to sprint kayaking.

Athletes selected for this program will benefit from a structured pathway that includes high-performance coaching, access to NSWIS facilities, and a clear progression plan towards joining a kayaking club and advancing through the NSWIS Kayak pathway, as well as progression pathways through the SLSNSW State Team and future SLSA National Team representation. The program is geared toward athletes who have shown promise in their respective events at the NSW and National Surf Life Saving Titles.

Service delivery is in line with Paddle Australia's High Performance Program Strategic Plan to improve the talent pipeline for National Team representation.

Program Term

The JETS Program will commence in April 2025 and end in June 2025, with the possibility of extension based on individual athlete progression throughout the program.

Program Benefits

Athletes selected into the JETS Program will be entitled to the following:

1. **Introductory Camp:** Athletes selected into the JETS program will be invited to attend a 3-day introductory camp at the Sydney Academy of Sport from April 11th-13th. The camp will be led by experienced NSWIS kayak and Surf Sports coaches, providing the perfect foundation for athletes to develop their skills on their craft.
2. **8-Week Trial Program:** Following the camp, athletes will enter an 8-week trial program where they'll refine their paddling technique and learn the basics of sprint kayaking. During this trial, they'll have the opportunity to train with NSWIS kayak coaches 1-2 times per week, gaining hands-on experience and refining

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their skills. Regionally based athletes will have the opportunity to submit paddling progress videos for weekly video-analysis and feedback from NSWIS coaches.

- 3. Long-Term Development:** At the end of the trial, it is hoped that athletes will have significantly improved their paddling technique, enabling them to paddle a surf ski and/or kayak more efficiently. Athletes will be encouraged to join a NSW kayak club in their region to assist them in their SLS endeavours, setting them up for long-term progression. Those who show promise may be invited to join the NSWIS Kayak Squad as training agreement athletes, continuing their development toward international competition. Athletes will also be encouraged (if not already a member) to join the SLSNSW Surf Sports Academy for further development opportunities.

Athlete Obligations

- Commitment to attending introductory camp (April 11th-13th) at Sydney Academy of Sport
- Attendance at weekly training session within the 8-week trial period (athletes Hunter-Wollongong based)
- Respect all coaches, performance staff, equipment and facilities
- Interest in self-improvement, ability to take onboard feedback and display a good work ethic
- Genuine interest in individual progression through NSWIS Canoe Sprint and SLSNSW Pathways
- Maintain good communication with the NSWIS Canoe Sprint performance support team regarding scheduling changes and illness/injury
- Completion of all program documentation agreements/forms by deadline date

Selection Process

The Selection Panel will identify and select athletes for entry into the JETS Program, based on individual nomination through completing the relevant [Microsoft Form](#). Athletes will be notified via email as to whether their application has been successful or not.

- We are aiming to offer 10-20 athletes the opportunity to attend the introductory camp at the Sydney Academy of Sport.
- The Selection Panel will include:
 - NSWIS Canoe Sprint, Head Coach
 - NSWIS Canoe Sprint, Assistant Coach
 - NSWIS Canoe Sprint, Gen32 Coach

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Eligibility Criteria

All athletes wishing to be considered for selection must meet the following requirements:

- a) Be an Australian citizen
- b) Be a current member of a SLSNSW Surf Club
- c) Nominate for selection into the JETS Program
- d) Are not a current competitive/racing member of a Paddle NSW kayak club
- e) Are a current member of the SLSNSW Surf Sports Academy, or are interested in becoming a member in future

Selection Criteria

In determining which athletes will be selected for the NSW Jets Program, the Selection Panel will consider:

- Performances at the 2025 SLSNSW State and SLSA National Championships
- Past World Ocean Series, state, national and international performances
- The athlete's current level of skill, physical fitness and technical capability
- Any injury which may have impaired or prevented the athlete's performance

Program Acceptance

Athlete's accepting a place in the NSW JETS Program must fulfil the outlined athlete obligations. It is the responsibility of the athlete and/or guardian to ensure all conditions of the agreement are met and maintained.